**Grocery Shopping with Kids: Fruits and Fun!**

Healthy eating grows \_\_\_\_\_\_\_\_\_\_\_\_\_ minds and bodies. Pam wanted her \_\_\_\_\_\_\_ to eat healthy foods. She \_\_\_\_\_\_\_\_\_\_ to make healthy eating fun. The fun began with their weekly visit to the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ store.

Pam and her kids started their shopping in the fruit \_\_\_\_\_\_\_\_\_\_. Pam gave her kids a healthy choice. She \_\_\_\_\_\_\_\_\_\_\_ them if they wanted apples or grapes. Apples have vitamins \_\_\_ and \_\_\_. They are also a \_\_\_\_\_\_\_\_ source of fiber. Grapes have vitamin C. Pam’s son chose \_\_\_\_\_\_\_\_\_\_\_\_. Pam asked, “Green or red?” “Red!” he \_\_\_\_\_\_\_\_\_. Pam asked him to \_\_\_\_\_\_\_\_ a bag with five red apples. Pam’s daughter wanted grapes. Pam again asked, “\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_?” “Green!” she said.

With bags of fruit in hand, the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ searched for the scale. They had fun guessing how \_\_\_\_\_\_\_\_\_\_\_ their fruit would weigh. The weight of the fruit determined how much Pam \_\_\_\_\_\_\_\_\_\_\_\_ have to pay for it.

Pam’s children \_\_\_\_\_\_\_\_\_\_\_\_\_ to eat food they had helped choose. Pam and her kids walked to the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ aisle next. Pam said, “I’m searching for a green vegetable. \_\_\_\_\_\_\_\_\_\_\_\_\_ what it is!”

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