

<b>Vocabulary</b>	<b>Definition</b>
<b>Hypothermia</b>	Occurs when your body temperature falls below 95°F or 35°C
<b>Shivering</b>	Shaking slightly or uncontrollably from the cold
<b>Shallow</b>	Not deep, near the surface
<b>Gradually</b>	Slowly
<b>Exposure</b>	Contact with something
<b>Circulation</b>	Movement of fluid, usually blood in your body
<b>Stranded</b>	Stuck somewhere
<b>Extreme</b>	Severe, serious
<b>Pavement</b>	Sidewalk, road
<b>Coordination</b>	Proper balance and ability to move your body the way you want to