**The Positive Side of Winter**

I have many thoughts about the winter that’s coming. I try to get outside and do as many ‘outside’ things as I can do before the snow flies, like biking, walking, going to the lake, and working in my yard. But winter always comes, and I am still learning about the benefits of cold weather and snowy streets. For example, when you have to bundle up, no one sees your love handles, back fat and big belly. When you are a prisoner of winter, you have the perfect excuse for cuddling with your sweetie. Do you hate to exercise? No problem! You can be a couch potato without any criticism, because it is too cold to go outside. For those of us who have a sweet tooth, baking is an activity that heats the kitchen and provides delicious snacks like cookies, sweet breads and cakes. Once you are in the middle of January, you may find yourself looking around and saying, “Winter is not too bad!”

1. What do you think “before the snow flies” means in the 2nd sentence?

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2. What does “bundle up” mean? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. What is another way to say “love handles, back fat and big belly area?

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4. Paraphrase “prisoner of winter.” \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. Paraphrase “couch potato.”\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

6. What is a “sweet tooth”? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

7. Summarize this paragraph in one sentence.

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