**Smart Food Shopping (Marshall Reading 4.0) ELL 5 Listening Practice test November**

Would you like to \_\_\_\_\_\_\_ a smart shopper? A smart shopper \_\_\_\_\_\_\_\_\_\_ menus and looks for good food buys. Here \_\_\_\_\_\_\_\_ a few tips that can help.

Before planning your weekly menus, \_\_\_\_\_\_\_\_\_\_\_\_ what is in your cupboards and refrigerator that you \_\_\_\_\_\_\_\_ use. Then plan a menu, a list of foods that \_\_\_\_\_\_\_ \_\_\_\_ served at each meal and snack, for the week. Next, check any grocery store specials and coupon offers. Each store \_\_\_\_\_\_\_ different specials.

\_\_\_\_\_\_\_\_\_ your meals and snacks for each day. \_\_\_\_\_\_\_\_\_ a list of all the ingredients you will need. \_\_\_\_\_\_\_\_ to avoid buying convenience foods because of their cost. Convenience foods are easy to make, but are usually more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Some examples of this are frozen meals, snacks and soft drinks. Decide \_\_\_\_\_\_ the convenience is worth the money.

Are you short on \_\_\_\_\_\_\_\_ this week? Cut down on sizes. Larger \_\_\_\_\_\_\_\_\_\_\_\_\_\_ always mean cheaper. Buy only the amount you can use. \_\_\_\_\_\_\_\_ only what you can store safely, before it spoils. If you are on a tight \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, get cash and divide your food money into four envelopes. Use one envelope \_\_\_\_\_\_\_\_\_ week of the month. This way you will have cash to purchase \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ each week.

Remember to stick to your list. Use store \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for really good buys. Try to

shop alone. If you have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, leave them with a friend. Don't shop when you are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Dictation:** The teacher will read each sentence twice. You listen and write them below.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Listen to the question, then write your answer.**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_